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Physician's Daughter Praises Dedication of Nursing Staff

(GLENDALE, CA – August 14, 2007) – For 19-year-old Julia Hartford, the daughter of Dr. Steven L. Hartford, taking care of patients is one of her passions. During a successful 60-hour nursing internship at Verdugo Hills Hospital in June and July, Julia found the hospital's nursing staff to be very dedicated, helpful and attentive, and to always demonstrate a positive attitude towards their patients.

“The nurses really take pride in how they treat their patients,” said Julia. “Their main focus is always the patient, and that’s something I really wanted to see – that stable patient-nurse relationship.”

“I really wanted to get a feel of all the different specialties of nursing, and this internship gave me ideas of what I want to specialize in,” said Julia, who is a sophomore this fall at California State University, San Diego. “It was important for me to see how the nurses interacted with their patients, so I got a good feel of nurse-patient relationships when I was working at the hospital,” Julia added.

During her internship, Julia was involved in direct patient care under the supervision of Registered Nurses on Telemetry, Medical Surgical, Labor & Delivery, Same Day Surgery, Recovery Room, Operating Room, and Emergency Room Departments. Although Julia gained valuable, first-hand experience working in all of the departments, she said she would like to work in the Emergency Room.

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The nursing staff was impressed with Julia's enthusiasm and professionalism.

"It was a pleasure introducing Julia to the nursing profession," said Andrea Terry, RN, BSN, Medical Surgical Specialist at Verdugo Hills Hospital. "She is intelligent and compassionate. She will be a great addition to our profession."

Dr. Hartford (OB/GYN) is on staff at Verdugo Hills Hospital.

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. The hospital features all private rooms, 24-hour emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. It is the only independent, free-standing hospital in the greater Foothills community and was voted "Foothill's Best Hospital" for 2007 by readers of the *Glendale News-Press*. Several physicians on staff also received recognition as the best in the community, including: Dr. Scott W. Beeve, Foothills Best Ophthalmologist; Dr. Allan W. Perry, Jr., Foothills Best Plastic Surgeon; Dr. Richard L. Rupp, Foothills Best Podiatrist; Dr. William F. Schubert, Foothills Best Family Physician; Dr. Jane S. Wada, Foothills Best Dermatologist; and Dr. Ronald D. Woodard, Foothills Best Obstetrician/Gynecologist. For more information, please visit www.vhhospital.org.

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