



Verdugo Hills
HOSPITAL

News
For Immediate Release

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VHH Appoints New Internal Medicine Physician

(GLENDALE, CA – June 1, 2010) – Dr. Alen Mirzaian joined Verdugo Hills Hospital’s medical staff in January 2010 as an Internal Medicine physician. Dr. Mirzaian is excited to utilize his years of education and experience to serve the community he grew up in.

“I am honored to have the opportunity to provide care to patients in this hospital and this great community,” said Dr. Mirzaian. “I enjoy the community feel of the hospital and the friendliness of the staff. It’s a unique experience.”

An alumnus of Glendale’s Herbert Hoover High School, Dr. Mirzaian completed his undergraduate studies at the University of California, Santa Barbara. He then went on to obtain his doctorate degree at St. Georges University School of Medicine in Grenada.

Upon completing his residency at Kaiser Permanente in Santa Clara, Dr. Mirzaian moved back to Southern California to begin his practice. His areas of specialty include hypertension, diabetes and preventative care.

Dr. Mirzaian enjoys practicing internal medicine because it allows him to provide patients with all aspects of care from medical to psychosocial. As an internist, he enjoys taking care of many diseases from simple, self-limited illnesses to complex, intense medical issues.

In his free time, Dr. Mirzaian enjoys outdoor activities such as hiking and camping, and loves to travel. He lives in Santa Clarita with his wife and two children.

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About the Hospital:

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. Hospital features include Fast-Track emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. The Hospital also offers surgical services, including bariatric and orthopedic surgeries. It is an independent, free-standing hospital in the greater Foothills community and was voted “Foothills’ Best Hospital” by readers of the *Glendale News-Press* for five consecutive years. For more information, please visit www.vhhospital.org. For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.