



Verdugo Hills
HOSPITAL

News
For Immediate Release

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VHH's Stepping Stones Named Program of the Year

(GLENDALE, CA – June 15, 2010) – Stepping Stones, Verdugo Hills Hospital's geriatric psychiatry program, was named Program of the Year by Psychiatric Solutions, Inc. and Horizon Health during an annual Program Director Leadership Conference held in Nashville in April.

“The overriding element is that the Stepping Stones program represents a strong, quality focused outcome of a special partnership all of which ultimately benefits the community the Verdugo Hills Hospital serves,” said Wiley Barner, regional vice president of Horizon Health.

Verdugo Hills Hospital's Stepping Stones program uses a multi-disciplinary treatment approach to comprehensively address the emotional, mental, physical and medication needs of each patient. They offer both inpatient and intensive outpatient treatment options for adults 50 and older who are experiencing emotional, cognitive or behavioral difficulties. A 24-hour crisis assessment team is also available for emergencies.

Stepping Stones was chosen from over 100 programs around the country. The award recognizes the program for its overall effectiveness in community education/marketing, patient care, client relations and financial performance. The Program of the Year award has been around for almost 30 years.

About the Hospital:

Verdugo Hills Hospital is a 158-bed nonprofit primary care facility nestled in the foothills between Glendale and La Cañada Flintridge. Hospital features include Fast-Track emergency services, comprehensive inpatient and outpatient diagnostic and treatment facilities, and a family birthing center. The Hospital also offers surgical services, including bariatric and orthopedic surgeries. It is an independent, free-standing hospital in the greater Foothills community and was voted “Foothills' Best Hospital” by readers of the *Glendale News-Press* for five consecutive years. For more information, please visit www.vhhospital.org. For more information about funding initiatives or to support the hospital, please call the Foundation at 818.952.2226.